

## Schedule for Outside Television (Bend)

| Wednesday, 9/8/2010 |  |      |
|---------------------|--|------|
| 12:00 AM            | <b>Paid Programming</b>  | 4:00 |
| 4:00 AM             | <b>Body Shop Workout</b>   | 2:30 |
| 6:30 AM             | <b>Good Morning Central Oregon (Live)</b><br>Local Information, Weather, News,<br>Road Conditions    | 1:00 |
| 7:30 AM             | <b>Outside Today</b>   | 1:00 |
| 8:30 AM             | <b>Good Morning Central Oregon<br/>(Replay)</b> Local Information, Weather,<br>News, Road Reports    | 1:00 |
| 9:30 AM             | <b>Outside Today</b>   | 1:00 |
| 10:30 AM            | <b>Body Shop Workout</b>   | 1:00 |
| 11:30 AM            | <b>City Edition</b>  | 0:30 |
| 12:00 PM            | <b>Good Morning Central Oregon PM<br/>Edition</b> Local News, weather, & Sports                      | 0:30 |
| 12:30 PM            | <b>High Desert Outdoorsman</b> Local<br>Hunting and Fishing show with<br>Outdoorsman Gary Lewis.     | 0:30 |
| 1:00 PM             | <b>U of O Today</b>  | 0:30 |
| 1:30 PM             | <b>Paid Programming</b> Paid Programming   | 1:30 |
| 3:00 PM             | <b>Spotlight on Bend-La Pine Schools</b>   | 0:30 |
| 3:30 PM             | <b>Visions of the NW</b> Travel throughout<br>the region, exploring natural<br>geographic landmarks. | 0:30 |
| 4:00 PM             | <b>Reel Thrills</b>  | 1:00 |
| 5:00 PM             | <b>Ride Guide</b>  | 0:30 |
| 5:30 PM             | <b>Untracked</b>   | 0:30 |
| 6:00 PM             | <b>Good Morning Central Oregon PM<br/>Edition</b> Good Morning Central Oregon<br>PM Edition          | 0:30 |
| 6:30 PM             | <b>Bend on the Run</b>   | 0:30 |
| 7:00 PM             | <b>Bend City Council (Replay)</b> Replay of<br>the 9/1 meeting of the Bend City<br>Council.          | 2:00 |
| 9:00 PM             | <b>Outside Presents</b>  | 0:30 |
| 9:30 PM             | <b>Outside Presents</b>  | 0:30 |
| 10:00 PM            | <b>Outside Film Festival</b>   | 1:30 |
| 11:30 PM            | <b>Good Morning Central Oregon PM</b><br>Local information, news, sports &<br>weather                | 0:30 |

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## Schedule for Outside Television (Bend)

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| Thursday, 9/9/2010 |   |      |
|--------------------|---|------|
| 12:00 AM           | <b>Paid Programming</b>   | 4:00 |
| 4:00 AM            | <b>Body Shop Workout</b>  | 2:30 |
| 6:30 AM            | <b>Good Morning Central Oregon (Live)</b><br>Local Information, Weather, News,<br>Road Conditions | 1:00 |
| 7:30 AM            | <b>Outside Today</b>  | 1:00 |
| 8:30 AM            | <b>Good Morning Central Oregon<br/>(Replay)</b> Local Information, Weather,<br>News, Road Reports | 1:00 |
| 9:30 AM            | <b>Outside Today</b>  | 1:00 |
| 10:30 AM           | <b>Body Shop Workout</b>  | 1:00 |
| 11:30 AM           | <b>City Edition</b>   | 0:30 |
| 12:00 PM           | <b>Good Morning Central Oregon PM<br/>Edition</b> Local News, weather, & Sports                   | 0:30 |
| 12:30 PM           | <b>Cooking Central Oregon Style</b> 5 Spice<br>in Bend is featured.                               | 0:30 |
| 1:00 PM            | <b>U of O Today</b>   | 0:30 |
| 1:30 PM            | <b>Paid Programming</b>   | 1:30 |
| 3:00 PM            | <b>Spotlight on Bend-La Pine Schools</b>  | 0:30 |
| 3:30 PM            | <b>Inside Deschutes County</b>  | 0:30 |
| 4:00 PM            | <b>Reel Thrills</b>   | 1:00 |
| 5:00 PM            | <b>Ride Guide</b>   | 0:30 |
| 5:30 PM            | <b>Untracked</b>  | 0:30 |
| 6:00 PM            | <b>Good Morning Central Oregon PM<br/>Edition</b> Good Morning Central Oregon<br>PM Edition       | 0:30 |
| 6:30 PM            | <b>High School Volleyball (Live)</b> Bend @<br>Redmond  | 3:00 |
| 9:30 PM            | <b>Outside Presents</b>   | 0:30 |
| 10:00 PM           | <b>Outside Film Festival</b>  | 1:30 |
| 11:30 PM           | <b>High School Volleyball (Replay)</b> Bend<br>@ Redmond from 9/9.                                | 3:00 |

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## Schedule for Outside Television (Bend)

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| Friday, 9/10/2010 |   |      |
|-------------------|---|------|
| 2:30 AM           | <b>Paid Programming</b>   | 1:30 |
| 4:00 AM           | <b>Body Shop Workout</b>  | 2:30 |
| 6:30 AM           | <b>Good Morning Central Oregon (Live)</b><br>Local Information, Weather, News,<br>Road Conditions   | 1:00 |
| 7:30 AM           | <b>Outside Today</b>  | 1:00 |
| 8:30 AM           | <b>Good Morning Central Oregon (Replay)</b> Local Information, Weather, News, Road Reports          | 1:00 |
| 9:30 AM           | <b>Outside Today</b>  | 1:00 |
| 10:30 AM          | <b>Body Shop Workout</b>  | 1:00 |
| 11:30 AM          | <b>City Edition</b>   | 0:30 |
| 12:00 PM          | <b>Good Morning Central Oregon PM Edition</b> Local News, weather, & Sports                         | 0:30 |
| 12:30 PM          | <b>Central Oregon Highways</b> Public information show from ODOT                                    | 0:30 |
| 1:00 PM           | <b>High Desert Gardening</b> Host Doug Stott gives tips and advise for gardening in Central Oregon. | 0:30 |
| 1:30 PM           | <b>Paid Programming</b>   | 2:00 |
| 3:30 PM           | <b>Inside Deschutes County I</b>  | 0:30 |
| 4:00 PM           | <b>Reel Thrills</b>   | 1:00 |
| 5:00 PM           | <b>Ride Guide</b>   | 0:30 |
| 5:30 PM           | <b>Untracked</b>  | 0:30 |
| 6:00 PM           | <b>Good Morning Central Oregon PM Edition</b>   | 0:30 |
| 6:30 PM           | <b>Primal Quest</b>   | 0:30 |
| 7:00 PM           | <b>High School Football (Live)</b> Burns @ Sisters.   | 3:00 |
| 10:00 PM          | <b>Outside Film Festival</b>  | 1:30 |
| 11:30 PM          | <b>High School Football (Replay)</b> Burns @ Sisters from 9/10.                                     | 3:00 |

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## Schedule for Outside Television (Bend)

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| Saturday, 9/11/2010 |   |      |
|---------------------|---|------|
| 2:30 AM             | <b>Paid Programming</b>   | 1:30 |
| 4:00 AM             | <b>Body Shop Workout</b>  | 2:30 |
| 6:30 AM             | <b>Inside Deschutes County</b> Deschutes County News Magazine                                       | 0:30 |
| 7:00 AM             | <b>City Edition</b> City of Bend News Magazine  | 0:30 |
| 7:30 AM             | <b>Outside Today</b>  | 1:00 |
| 8:30 AM             | <b>Inside Deschutes County</b>  | 0:30 |
| 9:00 AM             | <b>City Edition</b>   | 0:30 |
| 9:30 AM             | <b>Outside Today</b>  | 1:00 |
| 10:30 AM            | <b>High Desert Gardening</b> Host Doug Stott gives tips and advise for gardening in Central Oregon. | 0:30 |
| 11:00 AM            | <b>High Desert Outdoorsman</b> Local Hunting and Fishing show with Outdoorsman Gary Lewis.          | 0:30 |
| 11:30 AM            | <b>High School Volleyball (Replay)</b> Bend @ Redmond from 9/9.                                     | 3:00 |
| 2:30 PM             | <b>Paid Programming</b>   | 1:30 |
| 4:00 PM             | <b>Reel Thrills</b>   | 1:00 |
| 5:00 PM             | <b>Ride Guide</b>   | 0:30 |
| 5:30 PM             | <b>Untracked</b>  | 0:30 |
| 6:00 PM             | <b>Get Outdoors with Bob Woodward</b> Outdoor tips and tricks from local icon Bob Woodward          | 0:30 |
| 6:30 PM             | <b>Visions of the NW</b> Travel throughout the region, exploring natural geographic landmarks.      | 0:30 |
| 7:00 PM             | <b>Inside Golf</b>  | 0:30 |
| 7:30 PM             | <b>Outside Presents</b>   | 0:30 |
| 8:00 PM             | <b>Outside Film Festival</b>  | 1:30 |
| 9:30 PM             | <b>Outside Presents</b>   | 0:30 |
| 10:00 PM            | <b>Outside Film Festival</b>  | 1:30 |
| 11:30 PM            | <b>City Edition</b>   | 0:30 |

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## Schedule for Outside Television (Bend)

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| Sunday, 9/12/2010 |   |      |
|-------------------|---|------|
| 12:00 AM          | <b>Bend on the Run</b>  | 0:30 |
| 12:30 AM          | <b>Paid Programming</b>   | 4:30 |
| 5:00 AM           | <b>The Body Shop Workout</b>  | 1:30 |
| 6:30 AM           | <b>Inside Deschutes County</b> Deschutes County News Magazine                                       | 0:30 |
| 7:00 AM           | <b>City Edition</b> City of Bend's News Magazine  | 0:30 |
| 7:30 AM           | <b>Outside Today</b>  | 1:00 |
| 8:30 AM           | <b>Inside Deschutes County</b>  | 0:30 |
| 9:00 AM           | <b>City Edition</b> City of Bend's News Magazine.   | 0:30 |
| 9:30 AM           | <b>Outside Today</b>  | 1:00 |
| 10:30 AM          | <b>High Desert Gardening</b> Host Doug Stott gives tips and advise for gardening in Central Oregon. | 0:30 |
| 11:00 AM          | <b>High Desert Outdoorsman</b> Local Hunting and Fishing show with Outdoorsman Gary Lewis.          | 0:30 |
| 11:30 AM          | <b>High School Football (Replay)</b> Burns @ Sisters from 9/10.                                     | 3:00 |
| 2:30 PM           | <b>Paid Programming</b>   | 1:30 |
| 4:00 PM           | <b>Reel Thrills</b>   | 1:00 |
| 5:00 PM           | <b>Ride Guide</b>   | 0:30 |
| 5:30 PM           | <b>Untracked</b>  | 0:30 |
| 6:00 PM           | <b>Surf TV</b>  | 0:30 |
| 6:30 PM           | <b>Primal Quest</b>   | 0:30 |
| 7:00 PM           | <b>Inside Golf</b>  | 0:30 |
| 7:30 PM           | <b>Outside Presents</b>   | 0:30 |
| 8:00 PM           | <b>Outside Film Festival</b>  | 1:30 |
| 9:30 PM           | <b>Outside Presents</b>   | 0:30 |
| 10:00 PM          | <b>Outside Film Festival</b>  | 1:30 |
| 11:30 PM          | <b>City Edition</b>   | 0:30 |

## Schedule for Outside Television (Bend)

| Monday, 9/13/2010 |   |      |
|-------------------|---|------|
| 12:00 AM          | <b>Bend on the Run</b>  | 0:30 |
| 12:30 AM          | <b>Paid Programming</b>   | 3:30 |
| 4:00 AM           | <b>Body Shop Workout</b>  | 2:30 |
| 6:30 AM           | <b>Good Morning Central Oregon (Live)</b><br>(Live) Local Information, Weather,<br>News, Road Conditions  | 1:00 |
| 7:30 AM           | <b>Outside Today</b>  | 1:00 |
| 8:30 AM           | <b>Good Morning Central Oregon - Replay</b><br>Local Information, Weather, News,<br>Road Conditions       | 1:00 |
| 9:30 AM           | <b>Outside Today</b>  | 1:00 |
| 10:30 AM          | <b>Body Shop Workout</b>  | 1:00 |
| 11:30 AM          | <b>City Edition</b>   | 0:30 |
| 12:00 PM          | <b>Good Morning Central Oregon PM<br/>Edition</b> Local Information, News,<br>Weather, Road Conditions    | 0:30 |
| 12:30 PM          | <b>Central Oregon Highways</b> Public<br>information show from ODOT                                       | 0:30 |
| 1:00 PM           | <b>High Desert Gardening</b> Host Doug<br>Stott gives tips and advise for<br>gardening in Central Oregon. | 0:30 |
| 1:30 PM           | <b>Paid Programming</b>   | 2:30 |
| 4:00 PM           | <b>Reel Thrills</b>   | 1:00 |
| 5:00 PM           | <b>Ride Guide</b>   | 0:30 |
| 5:30 PM           | <b>Untracked</b>  | 0:30 |
| 6:00 PM           | <b>Good Morning Central Oregon PM</b><br>Local information, news, weather, road<br>reports.               | 0:30 |
| 6:30 PM           | <b>Visions of the NW</b>  | 0:30 |
| 7:00 PM           | <b>Talk of the Town</b> CC&Rs: Covenants,<br>Conditions, & Restrictions in Central<br>Oregon.             | 1:00 |
| 8:00 PM           | <b>Cooking Central Oregon Style</b> Decoy<br>Bar & Grill in Bend.   | 0:30 |
| 8:30 PM           | <b>High Desert Outdoorsman</b> Local<br>Hunting and Fishing show with<br>Outdoorsman Gary Lewis.          | 0:30 |
| 9:00 PM           | <b>Trading Desk</b> Finance tips and advice<br>from local experts   | 0:30 |
| 9:30 PM           | <b>Outside Presents</b>   | 0:30 |
| 10:00 PM          | <b>Outside Film Festival</b>  | 1:30 |

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Schedule for Outside Television (Bend)

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|          |  |      |
|----------|--|------|
| 11:30 PM | <b>Good Morning Central Oregon PM</b><br>Local information, news, weather, road reports. | 0:30 |
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## Schedule for Outside Television (Bend)

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| Tuesday, 9/14/2010 |   |      |
|--------------------|---|------|
| 12:00 AM           | <b>Paid Programming</b>   | 4:00 |
| 4:00 AM            | <b>Body Shop Workout</b>  | 2:30 |
| 6:30 AM            | <b>Good Morning Central Oregon (Live)</b><br>Local Information, Weather, News,<br>Road Conditions | 1:00 |
| 7:30 AM            | <b>Outside Today</b>  | 1:00 |
| 8:30 AM            | <b>Good Morning Central Oregon<br/>(Replay)</b> Local Information, Weather,<br>News, Road Reports | 1:00 |
| 9:30 AM            | <b>Outside Today</b>  | 1:00 |
| 10:30 AM           | <b>Body Shop Workout</b>  | 1:00 |
| 11:30 AM           | <b>City Edition</b>   | 0:30 |
| 12:00 PM           | <b>Good Morning Central Oregon PM<br/>Edition</b> Local News, weather, & Sports                   | 0:30 |
| 12:30 PM           | <b>Central Oregon Highways</b> Public<br>information show from ODOT                               | 0:30 |
| 1:00 PM            | <b>U of O Today</b>   | 0:30 |
| 1:30 PM            | <b>Paid Programming</b> Paid Programming  | 1:30 |
| 3:00 PM            | <b>Spotlight on Bend-La Pine Schools</b>  | 0:30 |
| 3:30 PM            | <b>Inside Deschutes County</b>  | 0:30 |
| 4:00 PM            | <b>Reel Thrills</b>   | 1:00 |
| 5:00 PM            | <b>Ride Guide</b>   | 0:30 |
| 5:30 PM            | <b>Untracked</b>  | 0:30 |
| 6:00 PM            | <b>Good Morning Central Oregon PM<br/>Edition</b> Good Morning Central Oregon<br>PM Edition       | 0:30 |
| 6:30 PM            | <b>Get Outdoors with Bob Woodward</b>   | 0:30 |
| 7:00 PM            | <b>Redmond City Council (Live)</b> Regular<br>meeting of the Redmond City Council.                | 2:00 |
| 9:00 PM            | <b>Outside Presents</b>   | 0:30 |
| 9:30 PM            | <b>Outside Presents</b>   | 0:30 |
| 10:00 PM           | <b>Outside Film Festival</b>  | 1:30 |
| 11:30 PM           | <b>High School Volleyball (Replay)</b><br>Redmond @ Mt. View from 9/14.                           | 3:00 |

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## Schedule for Outside Television (Bend)

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| Wednesday, 9/15/2010 |  |      |
|----------------------|--|------|
| 2:30 AM              | <b>Paid Programming</b>  | 1:30 |
| 4:00 AM              | <b>Body Shop Workout</b>   | 2:30 |
| 6:30 AM              | <b>Good Morning Central Oregon (Live)</b><br>Local Information, Weather, News,<br>Road Conditions    | 1:00 |
| 7:30 AM              | <b>Outside Today</b>   | 1:00 |
| 8:30 AM              | <b>Good Morning Central Oregon<br/>(Replay)</b> Local Information, Weather,<br>News, Road Reports    | 1:00 |
| 9:30 AM              | <b>Outside Today</b>   | 1:00 |
| 10:30 AM             | <b>Body Shop Workout</b>   | 1:00 |
| 11:30 AM             | <b>City Edition</b>  | 0:30 |
| 12:00 PM             | <b>Good Morning Central Oregon PM<br/>Edition</b> Local News, weather, & Sports                      | 0:30 |
| 12:30 PM             | <b>High Desert Outdoorsman</b> Local<br>Hunting and Fishing show with<br>Outdoorsman Gary Lewis.     | 0:30 |
| 1:00 PM              | <b>U of O Today</b>  | 0:30 |
| 1:30 PM              | <b>Paid Programming</b> Paid Programming   | 1:30 |
| 3:00 PM              | <b>Spotlight on Bend-La Pine Schools</b>   | 0:30 |
| 3:30 PM              | <b>Visions of the NW</b> Travel throughout<br>the region, exploring natural<br>geographic landmarks. | 0:30 |
| 4:00 PM              | <b>Reel Thrills</b>  | 1:00 |
| 5:00 PM              | <b>Ride Guide</b>  | 0:30 |
| 5:30 PM              | <b>Untracked</b>   | 0:30 |
| 6:00 PM              | <b>Good Morning Central Oregon PM<br/>Edition</b> Good Morning Central Oregon<br>PM Edition          | 0:30 |
| 6:30 PM              | <b>Bend on the Run</b>   | 0:30 |
| 7:00 PM              | <b>Bend City Council (Live)</b> Regular<br>meeting of the Bend City Council.                         | 2:00 |
| 9:00 PM              | <b>Outside Presents</b>  | 0:30 |
| 9:30 PM              | <b>Outside Presents</b>  | 0:30 |
| 10:00 PM             | <b>Outside Film Festival</b>   | 1:30 |
| 11:30 PM             | <b>Good Morning Central Oregon PM</b><br>Local information, news, sports &<br>weather                | 0:30 |

## Schedule for Outside Television (Bend)

| Thursday, 9/16/2010 |   |      |
|---------------------|---|------|
| 12:00 AM            | <b>Paid Programming</b>   | 4:00 |
| 4:00 AM             | <b>Body Shop Workout</b>  | 2:30 |
| 6:30 AM             | <b>Good Morning Central Oregon (Live)</b><br>Local Information, Weather, News,<br>Road Conditions | 1:00 |
| 7:30 AM             | <b>Outside Today</b>  | 1:00 |
| 8:30 AM             | <b>Good Morning Central Oregon<br/>(Replay)</b> Local Information, Weather,<br>News, Road Reports | 1:00 |
| 9:30 AM             | <b>Outside Today</b>  | 1:00 |
| 10:30 AM            | <b>Body Shop Workout</b>  | 1:00 |
| 11:30 AM            | <b>City Edition</b>   | 0:30 |
| 12:00 PM            | <b>Good Morning Central Oregon PM<br/>Edition</b> Local News, weather, & Sports                   | 0:30 |
| 12:30 PM            | <b>Cooking Central Oregon Style</b> Decoy<br>Bar & Grill in Bend.                                 | 0:30 |
| 1:00 PM             | <b>U of O Today</b>   | 0:30 |
| 1:30 PM             | <b>Paid Programming</b>   | 1:30 |
| 3:00 PM             | <b>Spotlight on Bend-La Pine Schools</b>  | 0:30 |
| 3:30 PM             | <b>Inside Deschutes County</b>  | 0:30 |
| 4:00 PM             | <b>Reel Thrills</b>   | 1:00 |
| 5:00 PM             | <b>Ride Guide</b>   | 0:30 |
| 5:30 PM             | <b>Untracked</b>  | 0:30 |
| 6:00 PM             | <b>Good Morning Central Oregon PM<br/>Edition</b> Good Morning Central Oregon<br>PM Edition       | 0:30 |
| 6:30 PM             | <b>Cooking Central Oregon Style</b> Decoy<br>Bar & Grill in Bend.                                 | 0:30 |
| 7:00 PM             | <b>City Club</b>  | 1:30 |
| 8:30 PM             | <b>Bend on the Run</b>  | 0:30 |
| 9:00 PM             | <b>Outside Presents</b>   | 0:30 |
| 9:30 PM             | <b>Outside Presents</b>   | 0:30 |
| 10:00 PM            | <b>Outside Film Festival</b>  | 1:30 |
| 11:30 PM            | <b>Good Morning Central Oregon PM</b><br>Local information, news, sports &<br>weather             | 0:30 |

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## Schedule for Outside Television (Bend)

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| Friday, 9/17/2010 |   |      |
|-------------------|---|------|
| 12:00 AM          | <b>Paid Programming</b>   | 4:00 |
| 4:00 AM           | <b>Body Shop Workout</b>  | 2:30 |
| 6:30 AM           | <b>Good Morning Central Oregon (Live)</b><br>Local Information, Weather, News,<br>Road Conditions   | 1:00 |
| 7:30 AM           | <b>Outside Today</b>  | 1:00 |
| 8:30 AM           | <b>Good Morning Central Oregon (Replay)</b> Local Information, Weather, News, Road Reports          | 1:00 |
| 9:30 AM           | <b>Outside Today</b>  | 1:00 |
| 10:30 AM          | <b>Body Shop Workout</b>  | 1:00 |
| 11:30 AM          | <b>City Edition</b>   | 0:30 |
| 12:00 PM          | <b>Good Morning Central Oregon PM Edition</b> Local News, weather, & Sports                         | 0:30 |
| 12:30 PM          | <b>Central Oregon Highways</b> Public information show from ODOT                                    | 0:30 |
| 1:00 PM           | <b>High Desert Gardening</b> Host Doug Stott gives tips and advise for gardening in Central Oregon. | 0:30 |
| 1:30 PM           | <b>Paid Programming</b>   | 2:00 |
| 3:30 PM           | <b>Inside Deschutes County I</b>  | 0:30 |
| 4:00 PM           | <b>Reel Thrills</b>   | 1:00 |
| 5:00 PM           | <b>Ride Guide</b>   | 0:30 |
| 5:30 PM           | <b>Untracked</b>  | 0:30 |
| 6:00 PM           | <b>Good Morning Central Oregon PM Edition</b>   | 0:30 |
| 6:30 PM           | <b>Primal Quest</b>   | 0:30 |
| 7:00 PM           | <b>High School Football (Live)</b> Klamath Union @ Summit.  | 3:00 |
| 10:00 PM          | <b>Outside Film Festival</b>  | 1:30 |
| 11:30 PM          | <b>High School Football (Replay)</b> Klamath Union @ Summit.  | 3:00 |

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## Schedule for Outside Television (Bend)

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| Saturday, 9/18/2010 |   |      |
|---------------------|---|------|
| 2:30 AM             | <b>Paid Programming</b>   | 1:30 |
| 4:00 AM             | <b>Body Shop Workout</b>  | 2:30 |
| 6:30 AM             | <b>Inside Deschutes County</b> Deschutes County News Magazine                                       | 0:30 |
| 7:00 AM             | <b>City Edition</b> City of Bend News Magazine  | 0:30 |
| 7:30 AM             | <b>Outside Today</b>  | 1:00 |
| 8:30 AM             | <b>Inside Deschutes County</b>  | 0:30 |
| 9:00 AM             | <b>City Edition</b>   | 0:30 |
| 9:30 AM             | <b>Outside Today</b>  | 1:00 |
| 10:30 AM            | <b>High Desert Gardening</b> Host Doug Stott gives tips and advise for gardening in Central Oregon. | 0:30 |
| 11:00 AM            | <b>High Desert Outdoorsman</b> Local Hunting and Fishing show with Outdoorsman Gary Lewis.          | 0:30 |
| 11:30 AM            | <b>High School Volleyball (Replay)</b> Redmond @ Mt. View from 9/14.                                | 3:00 |
| 2:30 PM             | <b>Paid Programming</b>   | 1:30 |
| 4:00 PM             | <b>Reel Thrills</b>   | 1:00 |
| 5:00 PM             | <b>Ride Guide</b>   | 0:30 |
| 5:30 PM             | <b>Untracked</b>  | 0:30 |
| 6:00 PM             | <b>Get Outdoors with Bob Woodward</b> Outdoor tips and tricks from local icon Bob Woodward          | 0:30 |
| 6:30 PM             | <b>Visions of the NW</b> Travel throughout the region, exploring natural geographic landmarks.      | 0:30 |
| 7:00 PM             | <b>Inside Golf</b>  | 0:30 |
| 7:30 PM             | <b>Outside Presents</b>   | 0:30 |
| 8:00 PM             | <b>Outside Film Festival</b>  | 1:30 |
| 9:30 PM             | <b>Outside Presents</b>   | 0:30 |
| 10:00 PM            | <b>Outside Film Festival</b>  | 1:30 |
| 11:30 PM            | <b>City Edition</b>   | 0:30 |

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## Schedule for Outside Television (Bend)

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| Sunday, 9/19/2010 |   |      |
|-------------------|---|------|
| 12:00 AM          | <b>Bend on the Run</b>  | 0:30 |
| 12:30 AM          | <b>Paid Programming</b>   | 4:30 |
| 5:00 AM           | <b>The Body Shop Workout</b>  | 1:30 |
| 6:30 AM           | <b>Inside Deschutes County</b> Deschutes County News Magazine                                       | 0:30 |
| 7:00 AM           | <b>City Edition</b> City of Bend's News Magazine  | 0:30 |
| 7:30 AM           | <b>Outside Today</b>  | 1:00 |
| 8:30 AM           | <b>Inside Deschutes County</b>  | 0:30 |
| 9:00 AM           | <b>City Edition</b> City of Bend's News Magazine.   | 0:30 |
| 9:30 AM           | <b>Outside Today</b>  | 1:00 |
| 10:30 AM          | <b>High Desert Gardening</b> Host Doug Stott gives tips and advise for gardening in Central Oregon. | 0:30 |
| 11:00 AM          | <b>High Desert Outdoorsman</b> Local Hunting and Fishing show with Outdoorsman Gary Lewis.          | 0:30 |
| 11:30 AM          | <b>High School Football (Replay)</b> Klamath Union @ Summit from 9/17.                              | 3:00 |
| 2:30 PM           | <b>Paid Programming</b>   | 1:30 |
| 4:00 PM           | <b>Reel Thrills</b>   | 1:00 |
| 5:00 PM           | <b>Ride Guide</b>   | 0:30 |
| 5:30 PM           | <b>Untracked</b>  | 0:30 |
| 6:00 PM           | <b>Surf TV</b>  | 0:30 |
| 6:30 PM           | <b>Primal Quest</b>   | 0:30 |
| 7:00 PM           | <b>Inside Golf</b>  | 0:30 |
| 7:30 PM           | <b>Outside Presents</b>   | 0:30 |
| 8:00 PM           | <b>Outside Film Festival</b>  | 1:30 |
| 9:30 PM           | <b>Outside Presents</b>   | 0:30 |
| 10:00 PM          | <b>Outside Film Festival</b>  | 1:30 |
| 11:30 PM          | <b>City Edition</b>   | 0:30 |

## Schedule for Outside Television (Bend)

| Monday, 9/20/2010 |   |      |
|-------------------|---|------|
| 12:00 AM          | <b>Bend on the Run</b>  | 0:30 |
| 12:30 AM          | <b>Paid Programming</b>   | 3:30 |
| 4:00 AM           | <b>Body Shop Workout</b>  | 2:30 |
| 6:30 AM           | <b>Good Morning Central Oregon (Live)</b><br>(Live) Local Information, Weather,<br>News, Road Conditions  | 1:00 |
| 7:30 AM           | <b>Outside Today</b>  | 1:00 |
| 8:30 AM           | <b>Good Morning Central Oregon - Replay</b><br>Local Information, Weather, News,<br>Road Conditions       | 1:00 |
| 9:30 AM           | <b>Outside Today</b>  | 1:00 |
| 10:30 AM          | <b>Body Shop Workout</b>  | 1:00 |
| 11:30 AM          | <b>City Edition</b>   | 0:30 |
| 12:00 PM          | <b>Good Morning Central Oregon PM<br/>Edition</b> Local Information, News,<br>Weather, Road Conditions    | 0:30 |
| 12:30 PM          | <b>Central Oregon Highways</b> Public<br>information show from ODOT                                       | 0:30 |
| 1:00 PM           | <b>High Desert Gardening</b> Host Doug<br>Stott gives tips and advise for<br>gardening in Central Oregon. | 0:30 |
| 1:30 PM           | <b>Paid Programming</b>   | 2:30 |
| 4:00 PM           | <b>Reel Thrills</b>   | 1:00 |
| 5:00 PM           | <b>Ride Guide</b>   | 0:30 |
| 5:30 PM           | <b>Untracked</b>  | 0:30 |
| 6:00 PM           | <b>Good Morning Central Oregon PM</b><br>Local information, news, weather, road<br>reports.               | 0:30 |
| 6:30 PM           | <b>Visions of the NW</b>  | 0:30 |
| 7:00 PM           | <b>Talk of the Town</b> CC&Rs: Covenants,<br>Conditions, & Restrictions in Central<br>Oregon.             | 1:00 |
| 8:00 PM           | <b>Cooking Central Oregon Style</b> Jake's<br>Diner is featured.  | 0:30 |
| 8:30 PM           | <b>High Desert Outdoorsman</b> Local<br>Hunting and Fishing show with<br>Outdoorsman Gary Lewis.          | 0:30 |
| 9:00 PM           | <b>Trading Desk</b> Finance tips and advice<br>from local experts   | 0:30 |
| 9:30 PM           | <b>Outside Presents</b>   | 0:30 |
| 10:00 PM          | <b>Outside Film Festival</b>  | 1:30 |

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Schedule for Outside Television (Bend)

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|          |  |      |
|----------|--|------|
| 11:30 PM | <b>Good Morning Central Oregon PM</b><br>Local information, news, weather, road reports. | 0:30 |
|----------|--|------|

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## Schedule for Outside Television (Bend)

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| Tuesday, 9/21/2010 |   |      |
|--------------------|---|------|
| 12:00 AM           | <b>Paid Programming</b>   | 4:00 |
| 4:00 AM            | <b>Body Shop Workout</b>  | 2:30 |
| 6:30 AM            | <b>Good Morning Central Oregon (Live)</b><br>Local Information, Weather, News,<br>Road Conditions | 1:00 |
| 7:30 AM            | <b>Outside Today</b>  | 1:00 |
| 8:30 AM            | <b>Good Morning Central Oregon (Replay)</b> Local Information, Weather, News, Road Reports        | 1:00 |
| 9:30 AM            | <b>Outside Today</b>  | 1:00 |
| 10:30 AM           | <b>Body Shop Workout</b>  | 1:00 |
| 11:30 AM           | <b>City Edition</b>   | 0:30 |
| 12:00 PM           | <b>Good Morning Central Oregon PM Edition</b> Local News, weather, & Sports                       | 0:30 |
| 12:30 PM           | <b>Central Oregon Highways</b> Public information show from ODOT                                  | 0:30 |
| 1:00 PM            | <b>U of O Today</b>   | 0:30 |
| 1:30 PM            | <b>Paid Programming</b> Paid Programming  | 1:30 |
| 3:00 PM            | <b>Spotlight on Bend-La Pine Schools</b>  | 0:30 |
| 3:30 PM            | <b>Inside Deschutes County</b>  | 0:30 |
| 4:00 PM            | <b>Reel Thrills</b>   | 1:00 |
| 5:00 PM            | <b>Ride Guide</b>   | 0:30 |
| 5:30 PM            | <b>Untracked</b>  | 0:30 |
| 6:00 PM            | <b>Good Morning Central Oregon PM Edition</b> Good Morning Central Oregon PM Edition              | 0:30 |
| 6:30 PM            | <b>High School Volleyball (Live)</b> Redmond @ Summit.  | 3:00 |
| 9:30 PM            | <b>Outside Presents</b>   | 0:30 |
| 10:00 PM           | <b>Outside Film Festival</b>  | 1:30 |
| 11:30 PM           | <b>High School Volleyball (Replay)</b> Redmond @ Summit from 9/21.                                | 3:00 |

## Schedule for Outside Television (Bend)

| Wednesday, 9/22/2010 |   |      |
|----------------------|---|------|
| 2:30 AM              | <b>Paid Programming</b>   | 1:30 |
| 4:00 AM              | <b>Body Shop Workout</b>  | 2:30 |
| 6:30 AM              | <b>Good Morning Central Oregon (Live)</b><br>Local Information, Weather, News,<br>Road Conditions | 1:00 |
| 7:30 AM              | <b>Outside Today</b>  | 1:00 |
| 8:30 AM              | <b>Good Morning Central Oregon (Replay)</b> Local Information, Weather, News, Road Reports        | 1:00 |
| 9:30 AM              | <b>Outside Today</b>  | 1:00 |
| 10:30 AM             | <b>Body Shop Workout</b>  | 1:00 |
| 11:30 AM             | <b>City Edition</b>   | 0:30 |
| 12:00 PM             | <b>Good Morning Central Oregon PM Edition</b> Local News, weather, & Sports                       | 0:30 |
| 12:30 PM             | <b>High Desert Outdoorsman</b> Local Hunting and Fishing show with Outdoorsman Gary Lewis.        | 0:30 |
| 1:00 PM              | <b>U of O Today</b>   | 0:30 |
| 1:30 PM              | <b>Paid Programming</b> Paid Programming  | 1:30 |
| 3:00 PM              | <b>Spotlight on Bend-La Pine Schools</b>  | 0:30 |
| 3:30 PM              | <b>Visions of the NW</b> Travel throughout the region, exploring natural geographic landmarks.    | 0:30 |
| 4:00 PM              | <b>Reel Thrills</b>   | 1:00 |
| 5:00 PM              | <b>Ride Guide</b>   | 0:30 |
| 5:30 PM              | <b>Untracked</b>  | 0:30 |
| 6:00 PM              | <b>Good Morning Central Oregon PM Edition</b> Good Morning Central Oregon PM Edition              | 0:30 |
| 6:30 PM              | <b>Bend on the Run</b>  | 0:30 |
| 7:00 PM              | <b>Bend City Council (Replay)</b> Replay of the 9/15 meeting of the Bend City Council.            | 2:00 |
| 9:00 PM              | <b>Outside Presents</b>   | 0:30 |
| 9:30 PM              | <b>Outside Presents</b>   | 0:30 |
| 10:00 PM             | <b>Outside Film Festival</b>  | 1:30 |
| 11:30 PM             | <b>Good Morning Central Oregon PM</b> Local information, news, sports & weather                   | 0:30 |

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## Schedule for Outside Television (Bend)

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| Thursday, 9/23/2010 |   |      |
|---------------------|---|------|
| 12:00 AM            | <b>Paid Programming</b>   | 4:00 |
| 4:00 AM             | <b>Body Shop Workout</b>  | 2:30 |
| 6:30 AM             | <b>Good Morning Central Oregon (Live)</b><br>Local Information, Weather, News,<br>Road Conditions | 1:00 |
| 7:30 AM             | <b>Outside Today</b>  | 1:00 |
| 8:30 AM             | <b>Good Morning Central Oregon<br/>(Replay)</b> Local Information, Weather,<br>News, Road Reports | 1:00 |
| 9:30 AM             | <b>Outside Today</b>  | 1:00 |
| 10:30 AM            | <b>Body Shop Workout</b>  | 1:00 |
| 11:30 AM            | <b>City Edition</b>   | 0:30 |
| 12:00 PM            | <b>Good Morning Central Oregon PM<br/>Edition</b> Local News, weather, & Sports                   | 0:30 |
| 12:30 PM            | <b>Cooking Central Oregon Style</b> Jake's<br>Diner is featured.                                  | 0:30 |
| 1:00 PM             | <b>U of O Today</b>   | 0:30 |
| 1:30 PM             | <b>Paid Programming</b>   | 1:30 |
| 3:00 PM             | <b>Spotlight on Bend-La Pine Schools</b>  | 0:30 |
| 3:30 PM             | <b>Inside Deschutes County</b>  | 0:30 |
| 4:00 PM             | <b>Reel Thrills</b>   | 1:00 |
| 5:00 PM             | <b>Ride Guide</b>   | 0:30 |
| 5:30 PM             | <b>Untracked</b>  | 0:30 |
| 6:00 PM             | <b>Good Morning Central Oregon PM<br/>Edition</b> Good Morning Central Oregon<br>PM Edition       | 0:30 |
| 6:30 PM             | <b>Cooking Central Oregon Style</b> Jake's<br>Diner is featured.                                  | 0:30 |
| 7:00 PM             | <b>City Club</b>  | 1:30 |
| 8:30 PM             | <b>Bend on the Run</b>  | 0:30 |
| 9:00 PM             | <b>Outside Presents</b>   | 0:30 |
| 9:30 PM             | <b>Outside Presents</b>   | 0:30 |
| 10:00 PM            | <b>Outside Film Festival</b>  | 1:30 |
| 11:30 PM            | <b>Good Morning Central Oregon PM</b><br>Local information, news, sports &<br>weather             | 0:30 |

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## Schedule for Outside Television (Bend)

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| Friday, 9/24/2010 |   |      |
|-------------------|---|------|
| 12:00 AM          | <b>Paid Programming</b>   | 4:00 |
| 4:00 AM           | <b>Body Shop Workout</b>  | 2:30 |
| 6:30 AM           | <b>Good Morning Central Oregon (Live)</b><br>Local Information, Weather, News,<br>Road Conditions   | 1:00 |
| 7:30 AM           | <b>Outside Today</b>  | 1:00 |
| 8:30 AM           | <b>Good Morning Central Oregon (Replay)</b> Local Information, Weather, News, Road Reports          | 1:00 |
| 9:30 AM           | <b>Outside Today</b>  | 1:00 |
| 10:30 AM          | <b>Body Shop Workout</b>  | 1:00 |
| 11:30 AM          | <b>City Edition</b>   | 0:30 |
| 12:00 PM          | <b>Good Morning Central Oregon PM Edition</b> Local News, weather, & Sports                         | 0:30 |
| 12:30 PM          | <b>Central Oregon Highways</b> Public information show from ODOT                                    | 0:30 |
| 1:00 PM           | <b>High Desert Gardening</b> Host Doug Stott gives tips and advise for gardening in Central Oregon. | 0:30 |
| 1:30 PM           | <b>Paid Programming</b>   | 2:00 |
| 3:30 PM           | <b>Inside Deschutes County I</b>  | 0:30 |
| 4:00 PM           | <b>Reel Thrills</b>   | 1:00 |
| 5:00 PM           | <b>Ride Guide</b>   | 0:30 |
| 5:30 PM           | <b>Untracked</b>  | 0:30 |
| 6:00 PM           | <b>Good Morning Central Oregon PM Edition</b>   | 0:30 |
| 6:30 PM           | <b>Primal Quest</b>   | 0:30 |
| 7:00 PM           | <b>High School Football (Live)</b> Summit @ Redmond.  | 3:00 |
| 10:00 PM          | <b>Outside Film Festival</b>  | 1:30 |
| 11:30 PM          | <b>High School Football (Replay)</b> Summit @ Redmond from 9/24.                                    | 3:00 |

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## Schedule for Outside Television (Bend)

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| Saturday, 9/25/2010 |   |      |
|---------------------|---|------|
| 2:30 AM             | <b>Paid Programming</b>   | 1:30 |
| 4:00 AM             | <b>Body Shop Workout</b>  | 2:30 |
| 6:30 AM             | <b>Inside Deschutes County</b> Deschutes County News Magazine                                       | 0:30 |
| 7:00 AM             | <b>City Edition</b> City of Bend News Magazine  | 0:30 |
| 7:30 AM             | <b>Outside Today</b>  | 1:00 |
| 8:30 AM             | <b>Inside Deschutes County</b>  | 0:30 |
| 9:00 AM             | <b>City Edition</b>   | 0:30 |
| 9:30 AM             | <b>Outside Today</b>  | 1:00 |
| 10:30 AM            | <b>High Desert Gardening</b> Host Doug Stott gives tips and advise for gardening in Central Oregon. | 0:30 |
| 11:00 AM            | <b>High Desert Outdoorsman</b> Local Hunting and Fishing show with Outdoorsman Gary Lewis.          | 0:30 |
| 11:30 AM            | <b>High School Volleyball (Replay)</b> Redmond @ Summit from 9/21.                                  | 3:00 |
| 2:30 PM             | <b>Paid Programming</b>   | 1:30 |
| 4:00 PM             | <b>Reel Thrills</b>   | 1:00 |
| 5:00 PM             | <b>Ride Guide</b>   | 0:30 |
| 5:30 PM             | <b>Untracked</b>  | 0:30 |
| 6:00 PM             | <b>Get Outdoors with Bob Woodward</b> Outdoor tips and tricks from local icon Bob Woodward          | 0:30 |
| 6:30 PM             | <b>Visions of the NW</b> Travel throughout the region, exploring natural geographic landmarks.      | 0:30 |
| 7:00 PM             | <b>Inside Golf</b>  | 0:30 |
| 7:30 PM             | <b>Outside Presents</b>   | 0:30 |
| 8:00 PM             | <b>Outside Film Festival</b>  | 1:30 |
| 9:30 PM             | <b>Outside Presents</b>   | 0:30 |
| 10:00 PM            | <b>Outside Film Festival</b>  | 1:30 |
| 11:30 PM            | <b>City Edition</b>   | 0:30 |

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## Schedule for Outside Television (Bend)

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| Sunday, 9/26/2010 |   |      |
|-------------------|---|------|
| 12:00 AM          | <b>Bend on the Run</b>  | 0:30 |
| 12:30 AM          | <b>Paid Programming</b>   | 4:30 |
| 5:00 AM           | <b>The Body Shop Workout</b>  | 1:30 |
| 6:30 AM           | <b>Inside Deschutes County</b> Deschutes County News Magazine                                       | 0:30 |
| 7:00 AM           | <b>City Edition</b> City of Bend's News Magazine  | 0:30 |
| 7:30 AM           | <b>Outside Today</b>  | 1:00 |
| 8:30 AM           | <b>Inside Deschutes County</b>  | 0:30 |
| 9:00 AM           | <b>City Edition</b> City of Bend's News Magazine.   | 0:30 |
| 9:30 AM           | <b>Outside Today</b>  | 1:00 |
| 10:30 AM          | <b>High Desert Gardening</b> Host Doug Stott gives tips and advise for gardening in Central Oregon. | 0:30 |
| 11:00 AM          | <b>High Desert Outdoorsman</b> Local Hunting and Fishing show with Outdoorsman Gary Lewis.          | 0:30 |
| 11:30 AM          | <b>High School Football (Replay)</b> Summit @ Redmond from 9/24.                                    | 3:00 |
| 2:30 PM           | <b>Paid Programming</b>   | 1:30 |
| 4:00 PM           | <b>Reel Thrills</b>   | 1:00 |
| 5:00 PM           | <b>Ride Guide</b>   | 0:30 |
| 5:30 PM           | <b>Untracked</b>  | 0:30 |
| 6:00 PM           | <b>Surf TV</b>  | 0:30 |
| 6:30 PM           | <b>Primal Quest</b>   | 0:30 |
| 7:00 PM           | <b>Inside Golf</b>  | 0:30 |
| 7:30 PM           | <b>Outside Presents</b>   | 0:30 |
| 8:00 PM           | <b>Outside Film Festival</b>  | 1:30 |
| 9:30 PM           | <b>Outside Presents</b>   | 0:30 |
| 10:00 PM          | <b>Outside Film Festival</b>  | 1:30 |
| 11:30 PM          | <b>City Edition</b>   | 0:30 |

## Schedule for Outside Television (Bend)

| Monday, 9/27/2010 |   |      |
|-------------------|---|------|
| 12:00 AM          | <b>Bend on the Run</b>  | 0:30 |
| 12:30 AM          | <b>Paid Programming</b>   | 3:30 |
| 4:00 AM           | <b>Body Shop Workout</b>  | 2:30 |
| 6:30 AM           | <b>Good Morning Central Oregon (Live)</b><br>(Live) Local Information, Weather, News, Road Conditions | 1:00 |
| 7:30 AM           | <b>Outside Today</b>  | 1:00 |
| 8:30 AM           | <b>Good Morning Central Oregon - Replay</b><br>Local Information, Weather, News, Road Conditions      | 1:00 |
| 9:30 AM           | <b>Outside Today</b>  | 1:00 |
| 10:30 AM          | <b>Body Shop Workout</b>  | 1:00 |
| 11:30 AM          | <b>City Edition</b>   | 0:30 |
| 12:00 PM          | <b>Good Morning Central Oregon PM Edition</b> Local Information, News, Weather, Road Conditions       | 0:30 |
| 12:30 PM          | <b>Central Oregon Highways</b> Public information show from ODOT                                      | 0:30 |
| 1:00 PM           | <b>High Desert Gardening</b> Host Doug Stott gives tips and advise for gardening in Central Oregon.   | 0:30 |
| 1:30 PM           | <b>Paid Programming</b>   | 2:30 |
| 4:00 PM           | <b>Reel Thrills</b>   | 1:00 |
| 5:00 PM           | <b>Ride Guide</b>   | 0:30 |
| 5:30 PM           | <b>Untracked</b>  | 0:30 |
| 6:00 PM           | <b>Good Morning Central Oregon PM</b><br>Local information, news, weather, road reports.              | 0:30 |
| 6:30 PM           | <b>Visions of the NW</b>  | 0:30 |
| 7:00 PM           | <b>Talk of the Town</b> To Leash or Not to Leash, Your Dog in Central Oregon.                         | 1:00 |
| 8:00 PM           | <b>Cooking Central Oregon Style</b><br>Deschutes Brewery is featured.                                 | 0:30 |
| 8:30 PM           | <b>High Desert Outdoorsman</b> Local Hunting and Fishing show with Outdoorsman Gary Lewis.            | 0:30 |
| 9:00 PM           | <b>Trading Desk</b> Finance tips and advice from local experts  | 0:30 |
| 9:30 PM           | <b>Outside Presents</b>   | 0:30 |
| 10:00 PM          | <b>Outside Film Festival</b>  | 1:30 |
| 11:30 PM          | <b>Good Morning Central Oregon PM</b><br>Local information, news, weather, road reports.              | 0:30 |

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## Schedule for Outside Television (Bend)

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| Tuesday, 9/28/2010 |   |      |
|--------------------|---|------|
| 12:00 AM           | <b>Paid Programming</b>   | 4:00 |
| 4:00 AM            | <b>Body Shop Workout</b>  | 2:30 |
| 6:30 AM            | <b>Good Morning Central Oregon (Live)</b><br>Local Information, Weather, News,<br>Road Conditions | 1:00 |
| 7:30 AM            | <b>Outside Today</b>  | 1:00 |
| 8:30 AM            | <b>Good Morning Central Oregon<br/>(Replay)</b> Local Information, Weather,<br>News, Road Reports | 1:00 |
| 9:30 AM            | <b>Outside Today</b>  | 1:00 |
| 10:30 AM           | <b>Body Shop Workout</b>  | 1:00 |
| 11:30 AM           | <b>City Edition</b>   | 0:30 |
| 12:00 PM           | <b>Good Morning Central Oregon PM<br/>Edition</b> Local News, weather, & Sports                   | 0:30 |
| 12:30 PM           | <b>Central Oregon Highways</b> Public<br>information show from ODOT                               | 0:30 |
| 1:00 PM            | <b>U of O Today</b>   | 0:30 |
| 1:30 PM            | <b>Paid Programming</b> Paid Programming  | 1:30 |
| 3:00 PM            | <b>Spotlight on Bend-La Pine Schools</b>  | 0:30 |
| 3:30 PM            | <b>Inside Deschutes County</b>  | 0:30 |
| 4:00 PM            | <b>Reel Thrills</b>   | 1:00 |
| 5:00 PM            | <b>Ride Guide</b>   | 0:30 |
| 5:30 PM            | <b>Untracked</b>  | 0:30 |
| 6:00 PM            | <b>Good Morning Central Oregon PM<br/>Edition</b> Good Morning Central Oregon<br>PM Edition       | 0:30 |
| 6:30 PM            | <b>Get Outdoors with Bob Woodward</b>   | 0:30 |
| 7:00 PM            | <b>Redmond City Council (Live)</b> Regular<br>meeting of the Redmond City Council.                | 2:00 |
| 9:00 PM            | <b>Outside Presents</b>   | 0:30 |
| 9:30 PM            | <b>Outside Presents</b>   | 0:30 |
| 10:00 PM           | <b>Outside Film Festival</b>  | 1:30 |
| 11:30 PM           | <b>Good Morning Central Oregon PM</b><br>Local information, news, sports &<br>weather             | 0:30 |

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## Schedule for Outside Television (Bend)

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| Wednesday, 9/29/2010 |   |      |
|----------------------|---|------|
| 12:00 AM             | <b>Paid Programming</b>   | 4:00 |
| 4:00 AM              | <b>Body Shop Workout</b>  | 2:30 |
| 6:30 AM              | <b>Good Morning Central Oregon (Live)</b><br>Local Information, Weather, News,<br>Road Conditions | 1:00 |
| 7:30 AM              | <b>Outside Today</b>  | 1:00 |
| 8:30 AM              | <b>Good Morning Central Oregon (Replay)</b> Local Information, Weather, News, Road Reports        | 1:00 |
| 9:30 AM              | <b>Outside Today</b>  | 1:00 |
| 10:30 AM             | <b>Body Shop Workout</b>  | 1:00 |
| 11:30 AM             | <b>City Edition</b>   | 0:30 |
| 12:00 PM             | <b>Good Morning Central Oregon PM Edition</b> Local News, weather, & Sports                       | 0:30 |
| 12:30 PM             | <b>High Desert Outdoorsman</b> Local Hunting and Fishing show with Outdoorsman Gary Lewis.        | 0:30 |
| 1:00 PM              | <b>U of O Today</b>   | 0:30 |
| 1:30 PM              | <b>Paid Programming</b> Paid Programming  | 1:30 |
| 3:00 PM              | <b>Spotlight on Bend-La Pine Schools</b>  | 0:30 |
| 3:30 PM              | <b>Visions of the NW</b> Travel throughout the region, exploring natural geographic landmarks.    | 0:30 |
| 4:00 PM              | <b>Reel Thrills</b>   | 1:00 |
| 5:00 PM              | <b>Ride Guide</b>   | 0:30 |
| 5:30 PM              | <b>Untracked</b>  | 0:30 |
| 6:00 PM              | <b>Good Morning Central Oregon PM Edition</b> Good Morning Central Oregon PM Edition              | 0:30 |
| 6:30 PM              | <b>Bend on the Run</b>  | 0:30 |
| 7:00 PM              | <b>Bend City Council (Replay)</b> Replay of the 9/15 meeting of the Bend City Council.            | 2:00 |
| 9:00 PM              | <b>Outside Presents</b>   | 0:30 |
| 9:30 PM              | <b>Outside Presents</b>   | 0:30 |
| 10:00 PM             | <b>Outside Film Festival</b>  | 1:30 |
| 11:30 PM             | <b>Good Morning Central Oregon PM</b> Local information, news, sports & weather                   | 0:30 |

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## Schedule for Outside Television (Bend)

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| Thursday, 9/30/2010 |   |      |
|---------------------|---|------|
| 12:00 AM            | <b>Paid Programming</b>   | 4:00 |
| 4:00 AM             | <b>Body Shop Workout</b>  | 2:30 |
| 6:30 AM             | <b>Good Morning Central Oregon (Live)</b><br>Local Information, Weather, News,<br>Road Conditions | 1:00 |
| 7:30 AM             | <b>Outside Today</b>  | 1:00 |
| 8:30 AM             | <b>Good Morning Central Oregon (Replay)</b> Local Information, Weather, News, Road Reports        | 1:00 |
| 9:30 AM             | <b>Outside Today</b>  | 1:00 |
| 10:30 AM            | <b>Body Shop Workout</b>  | 1:00 |
| 11:30 AM            | <b>City Edition</b>   | 0:30 |
| 12:00 PM            | <b>Good Morning Central Oregon PM Edition</b> Local News, weather, & Sports                       | 0:30 |
| 12:30 PM            | <b>Cooking Central Oregon Style</b><br>Deschutes Brewery is featured.                             | 0:30 |
| 1:00 PM             | <b>U of O Today</b>   | 0:30 |
| 1:30 PM             | <b>Paid Programming</b>   | 1:30 |
| 3:00 PM             | <b>Spotlight on Bend-La Pine Schools</b>  | 0:30 |
| 3:30 PM             | <b>Inside Deschutes County</b>  | 0:30 |
| 4:00 PM             | <b>Reel Thrills</b>   | 1:00 |
| 5:00 PM             | <b>Ride Guide</b>   | 0:30 |
| 5:30 PM             | <b>Untracked</b>  | 0:30 |
| 6:00 PM             | <b>Good Morning Central Oregon PM Edition</b> Good Morning Central Oregon PM Edition              | 0:30 |
| 6:30 PM             | <b>Cooking Central Oregon Style</b><br>Deschutes Brewery is featured.                             | 0:30 |
| 7:00 PM             | <b>High School Soccer (Live)</b> Bend @ Summit (Boys)   | 2:00 |
| 9:00 PM             | <b>Outside Presents</b>   | 0:30 |
| 9:30 PM             | <b>Outside Presents</b>   | 0:30 |
| 10:00 PM            | <b>Outside Film Festival</b>  | 1:30 |
| 11:30 PM            | <b>High School Soccer (Replay)</b> Bend @ Summit (Boys), from 9/30.                               | 2:00 |

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## Schedule for Outside Television (Bend)

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| Friday, 10/1/2010 |   |      |
|-------------------|---|------|
| 1:30 AM           | <b>Paid Programming</b>   | 2:30 |
| 4:00 AM           | <b>Body Shop Workout</b>  | 2:30 |
| 6:30 AM           | <b>Good Morning Central Oregon (Live)</b><br>Local Information, Weather, News,<br>Road Conditions   | 1:00 |
| 7:30 AM           | <b>Outside Today</b>  | 1:00 |
| 8:30 AM           | <b>Good Morning Central Oregon (Replay)</b> Local Information, Weather, News, Road Reports          | 1:00 |
| 9:30 AM           | <b>Outside Today</b>  | 1:00 |
| 10:30 AM          | <b>Body Shop Workout</b>  | 1:00 |
| 11:30 AM          | <b>City Edition</b>   | 0:30 |
| 12:00 PM          | <b>Good Morning Central Oregon PM Edition</b> Local News, weather, & Sports                         | 0:30 |
| 12:30 PM          | <b>Central Oregon Highways</b> Public information show from ODOT                                    | 0:30 |
| 1:00 PM           | <b>High Desert Gardening</b> Host Doug Stott gives tips and advise for gardening in Central Oregon. | 0:30 |
| 1:30 PM           | <b>Paid Programming</b>   | 2:00 |
| 3:30 PM           | <b>Inside Deschutes County I</b>  | 0:30 |
| 4:00 PM           | <b>Reel Thrills</b>   | 1:00 |
| 5:00 PM           | <b>Ride Guide</b>   | 0:30 |
| 5:30 PM           | <b>Untracked</b>  | 0:30 |
| 6:00 PM           | <b>Good Morning Central Oregon PM Edition</b>   | 0:30 |
| 6:30 PM           | <b>Primal Quest</b>   | 0:30 |
| 7:00 PM           | <b>High School Football (Live)</b> Redmond @ Bend.  | 3:00 |
| 10:00 PM          | <b>Outside Film Festival</b>  | 1:30 |
| 11:30 PM          | <b>High School Football (Replay)</b> Redmond @ Bend from 10/1.                                      | 3:00 |

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## Schedule for Outside Television (Bend)

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| Saturday, 10/2/2010 |   |      |
|---------------------|---|------|
| 2:30 AM             | <b>Paid Programming</b>   | 1:30 |
| 4:00 AM             | <b>Body Shop Workout</b>  | 2:30 |
| 6:30 AM             | <b>Inside Deschutes County</b> Deschutes County News Magazine                                       | 0:30 |
| 7:00 AM             | <b>City Edition</b> City of Bend News Magazine  | 0:30 |
| 7:30 AM             | <b>Outside Today</b>  | 1:00 |
| 8:30 AM             | <b>Inside Deschutes County</b>  | 0:30 |
| 9:00 AM             | <b>City Edition</b>   | 0:30 |
| 9:30 AM             | <b>Outside Today</b>  | 1:00 |
| 10:30 AM            | <b>High Desert Gardening</b> Host Doug Stott gives tips and advise for gardening in Central Oregon. | 0:30 |
| 11:00 AM            | <b>High Desert Outdoorsman</b> Local Hunting and Fishing show with Outdoorsman Gary Lewis.          | 0:30 |
| 11:30 AM            | <b>High School Soccer (Replay)</b> Bend @ Summit (Boys) from 9/30.                                  | 2:00 |
| 1:30 PM             | <b>Paid Programming</b>   | 2:30 |
| 4:00 PM             | <b>Reel Thrills</b>   | 1:00 |
| 5:00 PM             | <b>Ride Guide</b>   | 0:30 |
| 5:30 PM             | <b>Untracked</b>  | 0:30 |
| 6:00 PM             | <b>Get Outdoors with Bob Woodward</b> Outdoor tips and tricks from local icon Bob Woodward          | 0:30 |
| 6:30 PM             | <b>Visions of the NW</b> Travel throughout the region, exploring natural geographic landmarks.      | 0:30 |
| 7:00 PM             | <b>Inside Golf</b>  | 0:30 |
| 7:30 PM             | <b>Outside Presents</b>   | 0:30 |
| 8:00 PM             | <b>Outside Film Festival</b>  | 1:30 |
| 9:30 PM             | <b>Outside Presents</b>   | 0:30 |
| 10:00 PM            | <b>Outside Film Festival</b>  | 1:30 |
| 11:30 PM            | <b>City Edition</b>   | 0:30 |