

High Tides

Sherry Prawn Saute

6 prawns, peeled & deveined
2 med size mushrooms, quartered
1 oz olive oil
1 T butter
1 tsp garlic, chopped
1 oz sherry
¼ tomato, diced
1 T parsley, chopped
1 tsp lemon juice

Heat olive oil in sauté pan. Add mushrooms and prawns. Stir until prawns are pink. Add garlic, tomato, sherry and lemon juice. Finish with butter, salt, pepper and parsley at the last minute.